

## "The Courts" at the High School Cafe

## FEBRUARY 2024

Meal Prices					
Breakfast	Free				
Lunch	Free				
Reduced Lunch	Free				
Milk	\$0.40				
Adult Meals (includes tax)	\$5.42				

MON	TUE	WED	THU	FRI
			1	2
5	6	7	8	9
12	13	14	15	16
CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
26	27	28	29	

Visit us on the Patchogue-Medford website:

pmschools.org for helpful links to learn
 about healthy eating, nutrition,
carbohydrate counts, allergies, exercise,
 and much more!

**Breakfast Served Daily** 

## Lunch consists of Meat or Meat Alternate, Vegetable, Fruit, Grains/Bread & Milk

<u>Daily</u> <u>Vegetable and</u> <u>Fruit Selection</u>	Meal of the Day Court	Mexican Court	Chicken Court	Pizza Court	PREPAID MEALS AVAILABLE
Monday Carrot Sticks & Peaches  Tuesday Kidney Bean Salad & Mixed Fruit  Wednesday Corn and Pepper Salad, French Fries & Pears  Thursday Broccoli Florets & Applesauce  Friday Celery Sticks & Apple Slices	Mozzarella Sticks with Marinara Sauce French Bread  Ham and American Cheese on Roll  Turkey and American Cheese on Roll  Yogurt Parfait Assorted Wraps & Grilled Chicken Salad  Sandwiches served with Lettuce, Tomato & Condiment  Daily Vegetable and Fruit Selection  Milk Selection	Build your own Tacos or Nachos  Lettuce, Tomato, Salsa, Cheese Sauce  Rice  Daily Vegetable and Fruit Selection  Milk Selection	Spicy Chicken Pattie Sandwich  Crispy Chicken Pattie Sandwich  Popcorn Chicken w/French Bread  Sandwiches served with Lettuce, Tomato & Condiment  Daily Vegetable and Fruit Selection  Milk Selection	Pizzeria Style Cheese Pizza (plain or w/topping)  Daily Vegetable and Fruit Selection  Milk Selection	Breakfast  Kiosk  available  at  Main Entrance  daily

Halal meals available when requested 24 hours in advance to the cafeteria staff. Please note that meals are cooked in non-halal oven.

"Menu subject to change without notice"